

ROLANDO DE GOMA MD FACC FNLA

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Professional Summary

In 2001, after practicing traditional clinical and non-invasive cardiology for 20 years, I decided to create a new approach to cardiology that also prevents most heart attacks and strokes. This led to the development of the first atherosclerosis clinic with its unique approach and a numerically-goal oriented clinical management system (PaKS approach and ACCEPT system), two published performance data and significant healthcare cost savings to the Centers for Medicare and Medicaid Services. While there are large financial investments in the interventional treatment of cardiovascular disease, the evolution to an aggressive pro-active preventive approach that saves more lives and costs less is inevitable and it is already here. It is time to invest in this type of prevention. Please visit our homepage at www.PrincetonPreventiveCardiology.com.

Skills

- Highly skilled clinician and problem solver
- Dedication to improving patient outcomes while reducing cost
- Patient and physician mentoring
- Inventor - patent holder for differential brake-assisted steering
- Risk management processes and analysis
- Process implementation
- Project management

Work History

Preventive Cardiologist, Clinical Lipidologist, 07/2004 to Current

Self-employed, Princeton Preventive Cardiology, PC – Trenton, NJ

Founding member, a full-service Cardiology group, 07/1996 to 06/2004

Self-employed, Mercer Regional Cardiology, PC – Trenton, NJ

Clinical, non-invasive cardiologist, 07/1978 to 06/1996

Self-employed, Rolando L. deGoma MD, PC – Trenton, NJ

Education

M.D.: Cum Laude, Meritissimus, University Founder - Father Benavides Award 1972 (Highest Award),

Accomplishments

- **Closed the treatment gap in my practice:** deGoma RL, deGoma EM. A practical, office-based cholesterol management system. *Journal of General Internal Medicine* 2006 Apr; 21(S4)
- **Turned off the faucet instead of just mopping the floor:** deGoma RL, deGoma EM. A practical, office-based cholesterol management system. From closing the treatment gap to turning off the faucet instead of just mopping the floor – A ten-year user experience. Abstract and ePoster. National Lipid Association Annual Scientific Meeting May 2017
- **Reduced healthcare cost:** The data from CMS (Center for Medicare and Medicaid Services) showed the significant cost savings for Medicare among patients with diabetes Lower healthcare cost: The data from CMS (Center for Medicare and Medicaid Services) showed the significant cost savings for Medicare among patients with diabetes (\$11,921 versus \$18,420, savings of \$6,499 per beneficiary per year) and among patients with coronary heart disease (\$13,327 versus \$22,117, savings of \$8,790 per beneficiary per year) under the care of Dr. R. deGoma compared to the national average for all cardiologists.
- **Created the first Atherosclerosis Clinic** - a best practice model for heart attack and stroke prevention with its own proprietary clinical management system, published performance data and proven cost savings from CMS.

Certifications

- SHAPE Certified Provider 2013
- Diplomate, American Board of Clinical Lipidology 2006
- Diplomate, American Board of Cardiovascular Disease 1979
- Diplomate, American Board of Internal Medicine 1977
- Fellow, American College of Cardiology
- Fellow, National Lipid Association