

# ROLANDO DE GOMA MD FACC FNLA

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## Professional Summary

In 2001, after practicing traditional clinical and non-invasive cardiology for 20 years, I decided to create a new approach to cardiology that also prevents most heart attacks and strokes. This led to the development of an innovative approach and a numerically-goal oriented clinical management system (PaKS approach and ACCEPT system), two published performance data and significant healthcare cost savings to the Centers for Medicare and Medicaid Services. My practice has become a best practice model for aggressive heart attack and stroke prevention in high risk patients with significant improvements in clinical outcomes and significant cost savings for Medicare. Please visit us at [www.deGomaMD.com](http://www.deGomaMD.com) for more information.

## Work History

**Clinical and Preventive Cardiologist, Clinical Lipidologist, 08/2018 to Current**  
**Capital Cardiology Associates – Trenton, NJ**

**Clinical - Preventive Cardiologist, Clinical Lipidologist, 07/2004 to 07/2018**  
**Princeton Preventive Cardiology – Trenton, NJ**

**Founding member, a full-service Cardiology group, 07/1996 to 06/2004**  
**Self-employed, Mercer Regional Cardiology, PC – Trenton, NJ**

**Clinical, non-invasive cardiologist, 07/1978 to 06/1996**  
**Self-employed, Rolando L. deGoma MD, PC – Trenton, NJ**

## Education

Bachelor of Science, 1968  
**University of Santo Tomas, College of Science - Manila, Philippines**

**M.D.: Cum Laude, Meritissimus, University Founder - Father Benavides Award (Highest Award)**  
**1972**

**University of Santo Tomas, College of Medicine - Manila, Philippines**

## Post Graduate Training

- 1975 - 1978 Cardiology Fellowship UMDNJ- Robert Wood Johnson Medical Center, New Jersey
- 1974 - 1975 Internal Medicine Residency St. Agnes Hospital Baltimore, MD
- 1973 - 1973 Medical Internship Greater Baltimore Medical Center Baltimore, MD

## Certifications and Awards

- SHAPE Certified Provider 2013
- Diplomate, American Board of Clinical Lipidology 2006
- Diplomate, American Board of Cardiovascular Disease 1979
- Diplomate, American Board of Internal Medicine 1977
- Fellow, American College of Cardiology
- Fellow, National Lipid Association

## Accomplishments

- **Closed the treatment gap in my practice:** deGoma RL, deGoma EM. A practical, office-based cholesterol management system. *Journal of General Internal Medicine* 2006 Apr; 21(S4)
- **Turned off the faucet instead of just mopping the floor:** deGoma RL, deGoma EM. A practical, office-based cholesterol management system. From closing the treatment gap to turning off the faucet instead of just mopping the floor – A ten-year user experience. Abstract and ePoster. National Lipid Association Annual Scientific Meeting May 2017
- **Reduced healthcare cost:** The data from CMS (Center for Medicare and Medicaid Services) showed the significant cost savings for Medicare among patients with diabetes Lower healthcare cost: The data from CMS (Center for Medicare and Medicaid Services) showed the significant cost savings for Medicare among patients with diabetes (\$11,921 versus \$18,420, savings of \$6,499 per beneficiary per year) and among patients with coronary heart disease (\$13,327 versus \$22,117, savings of \$8,790 per beneficiary per year) under the care of Dr. R. deGoma compared to the national average for all cardiologists.
- **Created the first Atherosclerosis Clinic** - a best practice model for heart attack and stroke prevention with its own proprietary clinical management system, published performance data and proven cost savings from CMS.

## Publications

- deGoma RL, deGoma EM. A practical, office-based cholesterol management system. From closing the treatment gap to turning off the faucet instead of just mopping the floor – A ten-year user experience. Abstract and ePoster. National Lipid Association Annual Scientific Meeting May 2017
- deGoma RL, deGoma EM. A practical, office-based cholesterol management system. *Journal of General Internal Medicine* 2006 Apr; 21(S4)
- deGoma EM, deGoma RL, Rader DJ. Beyond HDL-C Levels: Evaluating HDL function as influenced by pharmacotherapy. *J Am Coll Cardiol* 2008